

ARMED FORCES WRESTLING (Men and Women - Exhibition):

1. **RULES OF THE TOURNAMENT:** Current USA Wrestling rules, as amended by the AFSC
2. **TYPE OF TOURNAMENT:** Dual meet - World Cup points
3. **WEIGHT CLASSES:** 55 kg (121 lbs), 60 kg (132 lbs), 66 kg (145.2 lbs), 74 kg (162.8 lbs), 84 kg (184.8 lbs), 96 kg (211.2 lbs), 120 kg (264 lbs). Up to 2 wrestlers per weight class weigh in on Friday and final roster must be submitted to the Project Officer NLT 2000 hrs the night before each event.
4. **SCORING:** The World Cup Scoring System is employed. Each individual bout (weight) will earn team points under FILAs formula of point scoring, with points awarded as follows:

Individual Scoring	Winner	Loser
Victory by Fall	4	0
Technical Superiority (10 pts)		
Loser has technical pts.	4	1
Loser has no technical pts.	4	0
Injury Default	4	0
Forfeit (Loser eliminated)	4	0
Decision (1-9 margin)		
Loser has technical pts	3	1
Loser has no technical pts	3	0
Double Disqualification	0	0

5. **TYPE OF BALL:** Not applicable
6. **DRAW:** First place team from prior year competes against fourth place team from prior year for first match, while second place team from prior year opens against third place team from prior year. The winning team of the first two meets face the opposite losing teams, with the final meets being between the two opening winners and the two opening losing teams.
7. **SCHEDULED WEIGH-INS AND PHYSICAL EXAMINATIONS:** Weigh-in procedures and physical examinations are supervised by the meet director. USAW procedures apply.
8. **TIE BREAKER:** If a tie in team points exists between any teams, the result of the team score of their dual meet against each other will determine the placing. If, at the end of all bouts in the competition, two or more teams have equal points, the winner is determined by adding the dual meet points accumulated during the entire competition. If the points scored in all dual meets are the same for two teams, then the higher finish will be determined by assessing the following: the most falls, the most wins by technical superiority (10 point difference), the most victories on points, then addition of all technical points of the wrestlers of each team. The team with the highest number of technical points will have the highest placing.
9. **EQUIPMENT:** Not applicable

10. SCHEDULE OF EVENTS:

Day One (Thurs) 0900 - 1800 Teams Arrive

Day Two (Fri)

0800 - 0930	Team Photos
0930 - 1000	Opening Ceremony Rehearsal
1000 - 1200	Organizational Meeting
1330 - 1430	Medical Checks
1430 - 1530	Greco-Roman/Free-Style Weigh-in, zero weight allowance
1730 - 1930	Informal Banquet/Ice Breaker

Day Three (Sat)

0900 - 0930	Opening Ceremony
GRECO-ROMAN COMPETITION	
1000 - 1130	First session (dual meets, 2 mats)
1200 - 1330	Second session (dual meets, 2 mats)
1500 - 1630	Third session (dual meets, 2 mats)
Awards will be presented at mat-side after every two matches	

Day Four (Sun)

FREESTYLE COMPETITION	
0900 - 1030	First Session (dual meets, 2 mats)
1100 - 1230	Second Session (dual meets, 2 mats)
1430 - 1600	Third Session (dual meets, 2 mats)
Awards will be presented at mat-side after every two matches	

Day Five (Mon) Teams Depart

11. TEAM SCORING: Each team receives 2 points for each dual meet win; 1 point for each dual meet tie; 0 points for each dual meet loss.

12. AWARDS:

Individual Awards: Each champion and runner-up wrestler, in each weight class, in each division receives a gold or silver medal, respectively

Team Award: Team standings are for recognition only - no team trophy is presented.

13. TEAM COMPOSITION FOR ARMED FORCES: Team composition will not exceed. No alternates or substitutions are allowed.

7/14 one wrestler from each weight class for each style

1 Head Coach

1 Assistant Coach

1 Certified Athletic Trainer

1 OIC

11/18 Total

14. TEAM COMPOSITION FOR CISM: As follows or as dictated by host country invitation

7/14 one wrestler from each weight class for each style

1 Head Coach

1 Assistant Coach

1 Certified Athletic Trainer

1 Team Captain

1 Chief of Mission

1 Technical Committee Member

2 International FILA Referees

15/22 Total

15. ATHLETE ADVANCEMENT TO HIGHER LEVEL:

A gold medallist athlete advances to higher level competition. If the gold medallist is not available, the silver medallist advances. If neither the gold nor silver medallist is available, the weight category will not be filled unless the AFSWG votes on an exception to policy to allow another qualified athlete to substitute. All athletes advancing to higher level competition should have competed at the Armed Forces Championship, but can be considered if the gold and silver medallist is unavailable on a case by case basis.

16. DUAL GOLD MEDALLIST: Any wrestler winning both the Greco-Roman and Freestyle event at the Armed Forces Championship must declare which style he will wrestle at CISM. This declaration will be made by the close of the Armed Forces Wrestling Championship. The silver medallist, in the style that the gold medallist, does NOT select, will be eligible to advance to CISM.